STARWIN Management

PRESENTS

TalentEd

IN PARTNERSHIP WITH

HOOPS HEALTH

local territory sport - to motivate, to inspire, to achieve
intensity SPORTS MAGAZINE

'Developing champions in sport, life and community'

More info at: www.starwin.com.au/talented

2011 Inaugural Program

Induction Camp 19-21 January 2011

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TalentEd

Developing champions in sport, life & community!

THEME 1: SPORT

'An integral part of being a star is having the will to win.
All Champions have it.'
Betty Cuthbert

Activities that will develop your sport and recreation skills include:

- Fitness: each morning a fitness session will be taken by Jarred Ilett – focusing on warm ups, conditioning and strength.
- Recreation: canoeing, mini golf, inspirational movie
- Team Building: games and icebreakers focusing on team inter-play
- Conditioning: healthy eating options at camp, nutrition workshop
- Coaching certification component (aim to complete Level 1)
- Role models: guest speakers will be elite sports personnel

THEME 2: LIFE

Winning is not just an event, it is an attitude. You can be successful in all areas of life with a will to win:

'The spirit, the will to win, and the will to excel are things that endure. These qualities are so much more important than the events that occur.'
Vince Lombardi

Along with the camp environment that will build independence and resilience, activities that will specifically develop your life skills include:

- Time Management workshop
- Goal Setting workshop
- Music Skills – you will create a camp song (and keep CD)
- Inspirational guest speakers
- Hoops 4 Health – healthy lifestyles workshop

THEME 3: COMMUNITY

When we dream, set goals and aim for the stars, great things can happen:

'And as we let our own light shine, we unconsciously give other people permission to do the same.'
Marianne Williamson

Along with the camp environment that will build independence and resilience, activities that will specifically develop your community skills include:

- Cultural awareness - acknowledgment and understanding of significance of Indigenous culture
- Media Training & Media Presentation workshop – how to present yourself in community
- Leadership workshop
- Attending a premier sporting event
- Ongoing peer & mentor support – through facebook & STAR-WINSIGHT (Starwin Management newsletter) & Intensity Sports Magazine

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TalentEd

PRESS RELEASE BY STARWIN MANAGEMENT

Territory's brightest young stars to shine in 2011!

A group of 16 young Territorians will start the new year with the opportunity of a lifetime, having been selected to participate in the 2011 TalentEd program.

TalentEd is a first class education program designed for the NT's best young talent to discover their path to winning in sport, life and the community. Aspiring sports stars from across the top end and a range of sports will take part in the initial 3 day induction camp at Lake Bennett 19-21 January 2011.

Starwin Management (Karina Gray) in partnership with Intensity Sports Magazine (Jarred Ilett) and Hoops 4 Health (Timmy Duggan) have developed a unique and challenging program with the belief that every individual has the strength, passion and talent to reach for the stars and make their mark on the Territory!

TalentEd will cover topics including: media presentation; goal setting; nutrition; coaching; leadership; with motivational guest speakers and more!

Congratulations to the selected participants :

- ✓ Anthony Nicholls (16 years) – Darwin - AFL
- ✓ Brad East (16 years) – Wanguri – Basketball
- ✓ Bradley Lewis (15 years) – Katherine – Umpire (AFL)
- ✓ Cameron Johnson-Pfieffer (18 years) – Darwin – Umpire (AFL)
- ✓ Cameron Parnham (16 years) – Ludmilla – Basketball / AFL
- ✓ Denby Hubbard (15 years) – Humpty Doo – AFL
- ✓ Jack Henning (15 years) – Palmerston – AFL / Rugby Union
- ✓ James Woodhouse (17 years) – Jingili – AFL
- ✓ Jayden Shaw (17 years) – Millner – AFL / Basketball / Touch Footy
- ✓ Jesse Bettison (15 years) – Katherine – AFL
- ✓ Rebekah Morrison (15 years) – Katherine – Soccer / Athletics
- ✓ Samuel Lambert (15 years) – Casuarina – Motorcycle Road Racing
- ✓ Stephen Woodhouse (16 years) – Darwin - AFL
- ✓ Stuart Reed (17 years) – Acacia Hills – AFL
- ✓ Tristan Kapitula (15 years) – Durack - AFL
- ✓ William Rioli Jnr (15 years) – Tiwi Islands - AFL

More information is available at: www.starwin.com.au/talented

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ABOUT US

Starwin Management (Karina Gray), Hoops 4 Health (Timmy Duggan) and Intensity Magazine (Jarred Ilett) are all organisations run by Territorians under the age of 35. By partnering together we have created TalentED!

Starwin Management – www.starwin.com.au
Launched in May 2010, Starwin Management is owned and operated by Karina Gray, a young social entrepreneur. The goal of the business is to 'be a leader in developing champions on and off the field, with a commitment to creating a winning culture to promote rising stars.' The TalentEd program is designed to achieve this.

Contact: Karina Gray – Director
Phone: 0402303867 / Email: karina@starwin.com.au

Intensity Sports Magazine – www.intensitysportsmag.com.au
Jarred Ilett is the Director of this brand new, vibrant and exciting sports magazine for the Northern Territory who believes by promoting the sport's leaders and role models of today, inspire the future generation of sports stars that will lead the Northern Territory into tomorrow.

Contact: Jarred Ilett – Director
Phone: 0421902158 / Email: jarred@intensitysportsmag.com.au

Hoops 4 Health – www.hoops4health.com.au
Timmy Duggan has a dream to link the important issues of our young peoples health and wellbeing and life success skills with sports and physical activities. H4H programs teaches young people how they can make the right choices for their health and fitness, leading to longer healthier lives. Anthony Mundine is the Patron for Hoops 4 Health – reaching over 4000 young people to date.

Contact: Timmy Duggan – Director
Phone: 0431428767 / Email: timmydee4@hotmail.com

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TIMETABLE

	DAY 1 WED 19 JAN 2011	DAY 2 THURS 20 JAN 2011	DAY 3 FRIDAY 21 JAN 2011
6am		6:30 wake up	6:30 wake up
7am		Fitness / Recovery: Jarred Ilett	Fitness / Recovery
8am	Meet at Darwin Indoor Basketball Stadium, Marrara for Registration	Showers and Breakfast	Showers, Breakfast & Pack up
9am	Welcome / Acknowledgement of country / Introductions	Goal setting workshop: Carina Frew	Hoops 4 Health
10am	Level 1 Coaching Workshop: Timmy Duggan	Life Coaching: Carina Frew	Key Speaker + Morning Tea
11am	Level 1 Coaching Workshop	Leadership workshop: Jarred Ilett	Time Management: Karina Gray
12pm	Level 1 Coaching Workshop	Lunch	Lunch
1pm	Travel to Lake Bennett	Canoeing	Level 1 Coaching - Theory: Timmy Duggan
2pm	Arrive and check-in	Canoeing	Level 1 Coaching - Theory
3pm	Arrive, check-in + Afternoon Tea	Key Speaker + Afternoon Tea	Awards and closing
4pm	Group Activity - Mini Golf	Media Training: Roanna Edwards	Travel back to Darwin
5pm	Fitness: Jarred Ilett	Media Presentation: Roanna Edwards	Travel to Darwin
6pm	Dinner	Dinner	Arrive Darwin Basketball Stadium
7pm	Key speaker: Jack Pennington	Group Music Activity: Thomas ' Yellow' Simon	
8pm	Inspirational Movie	Group Music Activity	
9pm	....Movie	Music Performance: Thomas'Yellow' Simon	
10pm	Lights out	Lights out	

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LEADERS

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KARINA GRAY

DIRECTOR - STARWIN MANAGEMENT

Have you ever heard of a place called Geraldton in WA? Geraldton has been producing sporting stars (especially AFL) for several generations. Some of the names gracing our sporting fields today you may know include: Paddy Ryder (Essendon), Harry Taylor (Geelong), Josh Kennedy (West Coast) and Liam Anthony (North Melbourne), to name a few. I'm not a sports star, but it is where I am from! I completed my education in Perth. Since then I have experience working all over the country, in urban, regional and remote places in WA, ACT and NSW.

After many visits and falling in love with the Territory, I moved to Darwin in January, 2008. Since then, I held positions with Tiwi Islands Shire Council; Darwin High School; NT Department of Health & Families; Saint Marys Football, Sporting & Social Club; and ABC Local Radio – Sport, giving me the opportunity to build strong networks and experience in the community and sports sectors in the NT.

I have a commitment and passion for; improving the lives of young people, sport, travel and community development – inspiring me to establish my own business Starwin Management in April 2010.

Qualifications, including:

- Bachelor of Social Science (E.C.U). Major – Youth Work, Minor – Justice Studies
- Graduate Diploma in Entrepreneurship (C.S.U.)
- Associate Degree in Legal Studies (C.D.U.)
- Certificate of Directors Essentials (A.I.C.D.)
- Level One Coaching Certification – AFL Youth / Seniors

Roles in sport industry:

- Assistant Director; Sport Industry Section for the Australian Government
- Football Administration & Marketing Officer; Saint Marys Football, Sporting & Social Club
- Producer – Sports Radio; ABC NT
- Sport & Recreation Officer; Tiwi Islands
- Team Manager; NT Thunder U16s National Championships (AFL)
- Board Member; ANU Griffins Football Club
- Assistant Coach; Eastlake U14s Premiership side (AFL)
- Volunteer; Tiwi Bombers Football Club
- Austswim teacher
- Captain, Nightcliff Tigers Womens AFL Team

Key Achievements:

- Board Member of Foundation for Young Australians 2005-2008
- ACT Women's AFL Representative Team 2008
- Inaugural Member of Brightest Young Minds Summit 2007
- Featured in the 'Who's Who of Australian Women' Publication 2007/2008
- Golden Key National Honour Society Member for oustanding academic achievement
- Departmental (DEEWR) Secretary's Award for Program Implementation (IYEC Program) 2006
- Living in Harmony Award – Lleuwin Sailing Ship 2004
- Youth Representative, WA Ministerial Council on Child Protection 2003
- Youth Representative, WA Family and Children's Advisory Committee 2000

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JARRED ILETT

DIRECTOR – INTENSITY SPORTS MAGAZINE

Born in Darwin, Jarred at just 28 years of age, has already made a major mark on the Territory!

Whilst holding down a job as a Fire Fighter in the NT Fire & Rescue Service, Jarred has also taken on the challenge of being a young entrepreneur, establishing Intensity Sports Magazine and serves as the popular magazine's Director.

Success in life and business is complemented by Jarred's amazing achievements in sport. He has given many a go, from Aussie Rules, Basketball, Rugby League, Rugby Union, Cricket, Squash, Swimming, Baseball, to BMX! His outstanding achievements include:

- Inaugural captain of the Northern Territory Thunder Football Club
- U19 Australian School Boys Basketball Team – China & South Korea Tour
- NTFL Nichols Medalist 2004/05 & 2007/08
- 4 time NTFL Premiership player with St Marys Football Club
- NTFL Senior Representative vs Richmond, Port Power & Western Bulldogs
- Brothers Rugby League Premiership player 2004

A home grown Territory star, Jarred spent his school days across the Territory, attending: Nhulunbuy Primary, Maningrida Primary, Tennant Creek Primary, Wulagi Primary, Moil primary & Sanderson High School.

As a young athlete, sport has provided a pathway for Jarred to expand his horizons – travelling to play sport in: Darwin, Nhulunbuy, Tennant Creek, Maningrida, Raminginning, Tiwi Islands, Mt Isa, Alice Springs, Sydney, Melbourne, Launceston, Brisbane, Perth, Canberra, Adelaide, Shepparton, Ballarat, Albury, Wodonga, Geelong, Bathurst, China & South Korea.

Jarred has an inspiration tale to share in sport, life and the community and is an ideal role model for overcoming life challenges, leadership and the benefits of being involved in sport!

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TIMMY DUGGAN

Timmy was born and bred in the NT and has had a successful career in Basketball at an elite / national level – recognised as the first Indigenous person from the NT to play in the NBL.

Timmy is now the Director of Coaching for Basketball Northern Territory and is also a founder and director of the Aboriginal Health Promotion Charity Hoops for Health.

His list of achievements is impressive with a rap sheet as follows:

All time ABA career statistics: 1994 – 2005

1994/95 Sydney Comets/SKY - Total games played 13

1996 Gold Coast Warriors - Total games played 20

1996 North Conference Youth Player of the Year Runner – up

1997 – 2001 Cairns Marlins - Total games played 126

1997 North Conference Champions

1997 National Runners- up

1997 Led Nation in 3-point percentage 53%

1998 North Conference Champions

1998 National Champions

1998 Led North Conference in assists and steals

1998 National Golden Hands Award

1999 North Conference Runners-up

1999 North Conference All Star Five Selection

1999 National Quarter Finalists

2001 North Conference Champions

2002/03 Kuiyam Pride - Total games played 40

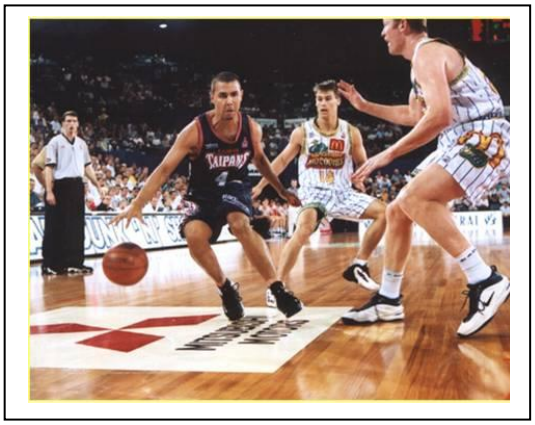
2002 North Conference All Star Five Selection

2004/05 Mt Gambier Pioneers - Total games played 58

2004 South Conference Semi-finalists

Total ABA games played including finals: 257

Total NBL Games: 42



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ROANNA EDWARDS

Roanna Edwards is currently a Sports Broadcaster for ABC radio in WA – in 2010 she was the ABC Sports Broadcaster of the Year. Roanna loves the NT and she recently spent time in Alice Springs - presenting the Drive program.

Roanna originally joined the ABC on a two-year Indigenous Broadcasting Traineeship and is part of the Grandstand team in WA.

Roanna's radio heroes became colleagues back in December 2005 when she was welcomed into the Perth office alongside Glenn Mitchell, Karen Tighe and the late great Wally Foreman on a two-year Indigenous Broadcasting Traineeship and somehow is still here! The shift to radio came after completing a newspaper cadetship in her hometown of Geraldton and she now vows she'll never go back to print.

During the summer months Roanna spends her time producing for Karen on national Grandstand and in the winter can be heard in WA whisking you around the grounds for WAFL coverage or generally just keeping Glenn and Clint Wheeldon under control. Her career highlight came in November 2007 when she was part of Grandstand's coverage of Australia's victorious World Netball Championship campaign in New Zealand – and most recently as a commentator at the 2010 Commonwealth Games in Delhi.

Roanna has a love of basketball and competed in three junior national championships before reducing her commitment to the game due to study and injury.

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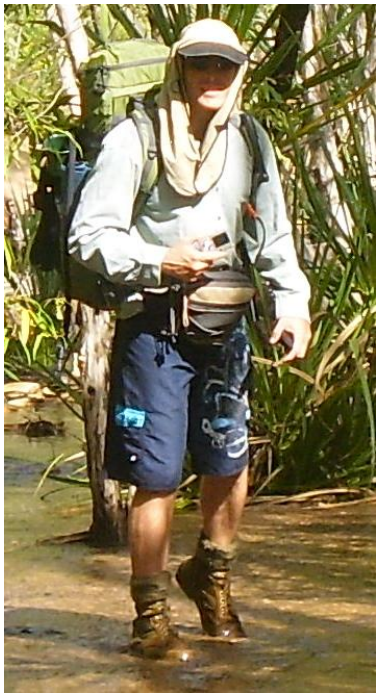
JACK PENNINGTON



FROM SYNASTRYS PROJECTS

Jack is from Townsville originally and has travelled to most parts or Australia, the UK and Western Europe. He has been active with sports all his life and has in recent years honed his skills in endurance sports and outdoor challenges. He has developed the first Adventure Racing competition in the NT. He still enjoyed Multisports/Triathlon competitions locally for fun.

He generally loves the outdoors camping and trekking challenges, and he continues to lead groups on treks through places like Fraser Island, and all through the Top End.

He believes that travel offers personal development that is accessible to everyone.

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ABOUT THE VENUE

Lake Bennett Wilderness Resort

The Resort is set around the shores of an 81 hectare fresh water lake located within 125 hectares of tropical Australian bush land. A destination without exception, just one hours drive south of Darwin. For more information visit: http://www.lakebennettwildernessresort.com.au/

Lake Bennett Wilderness Resort is influenced by the cultural diversity and the distinct Australian Outback characteristics of the Northern Territory. 2002 winner of the Brolga Award for "Unique Accommodation". It is located just 87 km from Darwin City.

ALL food, drinks, accommodation and on-site activities (including canoeing and mini-golf) are provided.

Contact details:

Chinner Road, Northern Territory

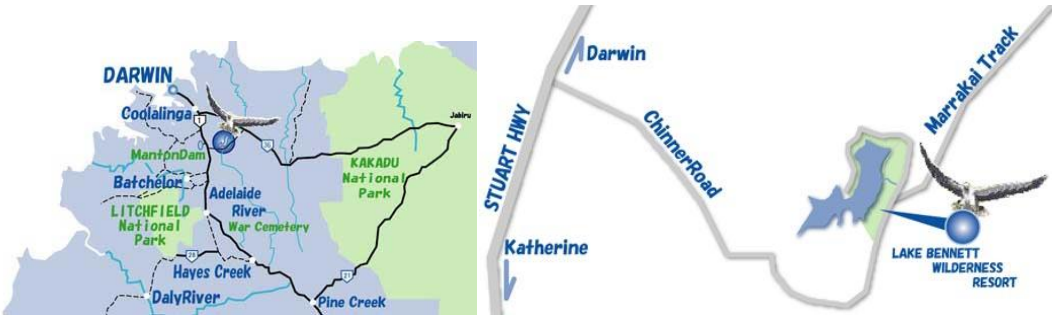
Phone: 1800 999 089(Free) – available during open hours

** Please note there is limited mobile phone coverage, Telstra Next G has some limited availability.

Fax: +61 (08) 8976 0256

Email: lakebennettrec@optusnet.com.au

MAP of location:



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WHERE TO FROM HERE....

- Facebook group: TalentEd 2011
  (email: TalentEd2011@groups.facebook.com)
- All Stars 5 Feb
- Profiles
- Coaching completion
- Careers Day
- Volunteer NT Athletics Champs
- Intensity Sports Magazine Feature

USEFUL LINKS

www.starwin.com.au

www.intensitysportsmag.com.au

www.hoops4health.com.au

http://www.sportandrecreation.nt.gov.au/

www.charttes.com.au

www.youthworxnt.com.au

www.tournation.com.au

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local territory sport - to motivate, to inspire, to achieve
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AATKings
Now, that's how to see Australia & New Zealand.

LAKE BENNETT WILDERNESS Resort A Unique Attraction

TOUR NATION
PROUDLY AUSTRALIAN OWNED

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culture | recreation | tourism

YouthWORX NT

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