



PRESENTS

Talented

IN PARTNERSHIP WITH



'Champions, Change, Community'

www.starwin.com.au/talented



CAMP PROGRAM

26-27 November 2013

TalentEd

Developing champions in sport, life & community!

THEME 1: CHAMPIONS

'An integral part of being a star is having the will to win.

All Champions have it.'

Betty Cuthbert

Activities that will develop your sport and recreation skills include:

- Fitness: morning fitness session will occur– focusing on warm ups, conditioning and strength.
- Recreation: activity lead by Starwin
- Team Building: challenges and icebreakers focusing on team inter-play
- Health & Nutrition: healthy eating options at camp, healthy lifestyles session

THEME 2: CHANGE

Winning is not just an event, it is an attitude. You can be successful in all areas of life with a will to win:

'The spirit, the will to win, and the will to excel are things that endure. These qualities are so much more important than the events that occur.'

Vince Lombardi

Along with the camp environment that will build independence and resilience, activities that will specifically develop your life skills include:

- Time Management session
- Goal Setting session
- Inspirational Speakers
- Sports Psychology session – building resilience
- Careers & Training session

THEME 3: COMMUNITY

When we dream, set goals and aim for the stars, great things can happen:

'And as we let our own light shine, we unconsciously give other people permission to do the same.'

Marianne Williamson

Along with the camp environment that will build independence and resilience, activities that will specifically develop your community skills include:

- Media Training & Media Presentation session – how to present yourself in community
- Leadership workshop with Hoops 4 Health
- Volunteer Opportunities with Hoops 4 Health
- Access to professional player management services
- Support and promotion – through facebook & STAR-WINSIGHT (Starwin Management newsletter)

TalentEd

PRESS RELEASE BY STARWIN MANAGEMENT

Territory Talent to turn it on!

A group of 6 young Territorians will have the opportunity of a lifetime on November 26-27, after being selected to participate in Starwin Management's TalentEd program.

TalentEd is a first class education program designed for the NT's best young talent to discover their path to winning in sport, life and the community. Aspiring sports stars from the St Johns College - AFLNT School of Excellence will take part in the camp.

Starwin Management (Karina Gray & Shaquille Mckenzie) in partnership with Hoops 4 Health have developed a unique and challenging program with the belief that every individual has the strength, passion and talent to reach for the stars and make their mark on the Territory!

TalentEd will cover topics including: media presentation; goal setting; healthy living; career pathways; leadership and more.

Guest Presenters include:

- ★ Timmy Duggan (Hoops 4 Health)
- ★ Liz Grylls (NTIS)
- ★ Jessica Webster (NT News)

Congratulations to the selected participants:

- ★ Denzel Hogan
- ★ Estabon Bernard
- ★ Lionel Mick
- ★ Kalum Donation
- ★ Kazmin Monentarinja
- ★ Thomas Chulung

More information is available at: www.starwin.com.au/talented

ABOUT US

Starwin Management (Karina Gray & Shaquille Mckenzie), Hoops 4 Health (Timmy Duggan) are all running programs for young Territorians. By partnering together we have created TalentED!

Starwin Management – www.starwin.com.au

Launched in May 2010, Starwin Management is owned and operated by Karina Gray, a young social entrepreneur. The goal of the business is to 'be a leader in developing champions on and off the field, with a commitment to creating a winning culture to promote rising stars.' The TalentEd program is designed to achieve this.

Contact: Karina Gray – Director

Phone: 0402303867 / Email: karina@starwin.com.au



Hoops 4 Health – www.hoops4health.com.au

Timmy Duggan has a dream to link the important issues of our young peoples health and wellbeing and life success skills with sports and physical activities. H4H programs teaches young people how they can make the right choices for their health and fitness, leading to longer healthier lives. Anthony Mundine is the Patron for Hoops 4 Health – reaching over 4000 young people to date.

Contact: Timmy Duggan – Director

Phone: 0431428767 / Email: timmydee4@hotmail.com



TIMETABLE



DAY 1	DAY 1	DAY 2	DAY 2
		6:30am	Wake Up
		7am	Group Fitness with Timmy Duggan
		8am	Showers & Breakfast
		9am	Media Presentation & Skills
		10:00am	Morning Tea & Photos
		10:15am	Sports Psychology
		11:15am	Careers with Starwin
		12:00pm	Lunch
2:30pm	Meet at St Johns College and depart	12:30pm	Recreation
2:45	Karina to pick up food	1:30pm	Time Management with Starwin
3:30pm	Arrive Berry Springs	2:30pm	Afternoon Tea
4:00pm	Group guidelines	3:15pm	Goal Setting and Action plan
4:30pm	Health and Nutrition	4:15pm	Awards and Presentation
5pm	Leadership	4:30pm	Travel to Darwin
6pm	Group Activity	5:30pm	Arrive back in Darwin at 5:30pm
7:00pm	Dinner and showers		
8:00	Movie night		
10pm	Lights out		



STAR PRESENTERS

KARINA GRAY

DIRECTOR - STARWIN MANAGEMENT



Have you ever heard of a place called Geraldton in WA? Geraldton has been producing sporting stars (especially AFL) for several generations. Some of the names gracing our sporting fields today you may know include: Paddy Ryder (Essendon), Harry Taylor (Geelong), Josh Kennedy (West Coast) and Liam Anthony (North Melbourne), to name a few.

I'm not a sports star, but it is where I am from! I completed my education in Perth. Since then I have experience working all over the country, in urban, regional and remote places in WA, ACT and NSW.

After many visits and falling in love with the Territory, I moved to Darwin in January, 2008. Since then, I held positions with Tiwi Islands Shire Council; Darwin High School; NT Department of Health & Families; Saint Marys Football, Sporting & Social Club; and ABC Local Radio – Sport, giving me the opportunity to build strong networks and experience in the community and sports sectors in the NT.

I have a commitment and passion for; working with young people, sport, travelling and community development – inspiring me to establish my own business Starwin Management in April 2010.

Qualifications

- Bachelor of Social Science (E.C.U). Major – Youth Work, Minor – Justice Studies
- Graduate Diploma in Entrepreneurship (C.S.U.)
- Associate Degree in Legal Studies (C.D.U.)
- Certificate of Directors Essentials (A.I.C.D.)
- Level One Coaching Certification – AFL Youth / Seniors
- Sports Mentoring Certificate (ASC)

Roles in sport industry:

- Assistant Director; Sport Industry Section for the Australian Government
- Football Administration & Marketing Officer; Saint Marys Football, Sporting & Social Club
- Producer – Sports Radio; ABC NT
- Sport & Recreation Officer; Tiwi Islands
- Team Manager; NT Thunder U16s National Championships (AFL)
- Board Member; ANU Griffins Football Club
- Assistant Coach; Eastlake U14s Premiership side (AFL)
- Volunteer; Tiwi Bombers Football Club
- Austswim teacher
- Founder & Captain, Nightcliff Tigers Womens AFL Team

Key Achievements:

- NT Minister's Youth Justice Advisory Committee Member 2012
- Board Member of Foundation for Young Australians 2005-2008
- ACT Women's AFL Representative Team 2008
- Inaugural Member of Brightest Young Minds Summit 2007
- Featured in the 'Who's Who of Australian Women' Publication 2007/2008
- Golden Key National Honour Society Member for outstanding academic achievement
- Departmental (DEEWR) Secretary's Award for Program Implementation (IYEC Program) 2006
- Living in Harmony Award – Leeuwin Sailing Ship 2004

TIMMY DUGGAN

Hoops 4 Health

Timmy was born and bred in the NT and has had a successful career in Basketball at an elite / national level – recognised as the first Indigenous person from the NT to play in the NBL.

Timmy is now the Director of Coaching for Basketball Northern Territory and is also a founder and director of the Aboriginal Health Promotion Charity Hoops for Health.

His list of achievements is impressive with a rap sheet as follows:

All time ABA career statistics: 1994 – 2005

1994/95 Sydney Comets/SKY - Total games played 13

1996 Gold Coast Warriors - Total games played 20

1996 North Conference Youth Player of the Year Runner – up

1997 – 2001 Cairns Marlins - Total games played 126

1997 North Conference Champions

1997 National Runners- up

1997 Led Nation in 3-point percentage 53%

1998 North Conference Champions

1998 National Champions

1998 Led North Conference in assists and steals

1998 National Golden Hands Award

1999 North Conference Runners-up

1999 North Conference All Star Five Selection

1999 National Quarter Finalists

2001 North Conference Champions

2002/03 Kuyam Pride - Total games played 40

2002 North Conference All Star Five Selection

2004/05 Mt Gambier Pioneers - Total games played 58

2004 South Conference Semi-finalists

Total ABA games played including finals: 257

Total NBL Games: 42



Jessica Webster



Jessica Webster is a Sports Journalist for the NT News. Before NT News Jessica worked as a boundary rider for ABC television's coverage of the NTFL. She has worked as a football writer for the Northern Territory News since 2010 where she was a reporter of the NT Thunder and the NTFL. Although passionate about writing for football, she also reports on V8 Supercars, Australian Superbike Championships and the Australian Netball and Hockey league.

Jessica is a three-time NT Media award finalist (twice for best sports journalism and once for best feature writer). Webster is working towards her goal to become a sports biographer and author. 'Gods of Thunder' is her first major project.

Jessica also plays football for Waratah Football Club in the women's league where she is a Premiership-winning member.

LIZ GRYLLES

NTIS



Liz Grylls has worked in the sport and recreation industry for the past 23 years in Victoria, New South Wales and currently the Northern Territory. Liz is the Sport Psychology and Athlete Career & Education (ACE) Manager at the Northern Territory Institute of Sport (NTIS), a role in which she loves.

Liz has recently completed her PhD and having completed it believes that persistence and turning up is more important than intelligence or ability!!! Liz is a firm believer that the skills of performance and/or sport psychology are not just for the domain of elite performers, but could be utilised by all individuals. Liz also recently finished her fifth marathon.

08 8922 6851

liz.grylls@nt.gov.au

www.sportandrecreation.nt.gov.au

CHARTTES

CHARTTES Training Advisory Council is a non-profit, independent organisation that provides an advisory and advocacy service to the Cultural, Recreation and Tourism industry sectors; representing their training needs at local and national level. CHARTTES Training Advisory Council is the Principal advisor to the Northern Territory Department of Employment, Education and Training on Vocational Education and Training (VET) matters, across our sectors.

Our Industry Sectors - We are responsible for the provision of industry representation in the development and implementation of accredited training across our industry sectors including; community, fitness, music, outdoor recreation, racing, radio broadcasting, multi-media, sport, and more!

How can we support you?

CHARTTES can assist you if you are an individual looking for advice or guidance on training options in your industry, or a job seeker trying to work out the best way to go in getting trained for your new career. CHARTTES can assist employers in identifying training that may assist their workplace or help with productivity.

We are also a contact point for industry, employees and prospective employees seeking information about: training availability, training providers and training pathways.

Yvonne Webb

Executive Officer

8941 1956

eo@charttes.com.au



ABOUT THE VENUE

Lakes Resort Caravan Park

The Lakes Caravan Park is situated in Berry Springs, close to Darwin (56kms), the City of Palmerston (30kms) and is central to the whole range of Outer Darwin attractions. There's plenty of open space to enjoy the peaceful natural beauty, abundant bird life, bushwalking and the noises of night-time in the Bush. The Territory Wildlife Park and the swimming holes of Berry Springs Nature Park are within walking distance and you can comfortably explore Litchfield Park (60kms) and many other Top End attractions from The Lakes.

Contact details:

Doris Road (off Cox Pensinsular Road)
Berry Springs
Northern Territory 0837

Ph: (08) 8988 6277
Fax (08) 8988 6118

Email: lakesresortdarwin@gmail.com.au
Web: www.lakesresortcaravanpark.com.au



WHAT NEXT?

- Join our network of champions on facebook:
www.facebook.com/starwinmanagement
 - Hoops 4 Health Challenges
 - Profiles for Starwin website & news
- Access to professional management with Blue Rock Sports

USEFUL LINKS

www.starwin.com.au

www.hoops4health.com.au

www.ausport.gov.au

www.charttes.com.au

www.bluerocksports.com.au

www.sportandrecreation.nt.gov.au

www.cricketfootball.com.au

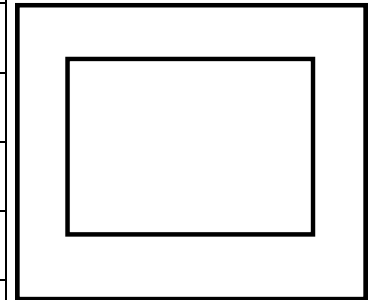
PROFILE TEMPLATE

ATHLETE DETAILS



Name:	
Height:	
Weight:	
Foot preference:	
D.O.B:	
Home State:	

BLANK



PHOTO

Playing History:	
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Potential Roles:	
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Playing Highlights:	
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What type of player are you?

What are your strengths?

What parts of your game would you like to improve?

Summary:	
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SAYS THANK YOU TO OUR PARTNERS!!



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